The Center for Preoperative Assessment and Planning (CPAP) at Barnes-Jewish Hospital

No one wants any surprises on their day of surgery. That's why we have the Center for Preoperative Assessment and Planning (CPAP). The CPAP team will collect important medical information that is needed by the physicians and nurses that will treat you during your operation and recovery. This sheet will answer some of the questions you may have regarding your CPAP visit and let you know what information you will need to bring with you to your CPAP appointment.

Barnes-Jewish Hospital North
4921 Parkview Pl, St Louis, MO 63110

Directions:
Park in the North Garage and cross the skywalk over Euclid Ave. Proceed to the information desk and ask for directions to CPAP. The signs in the hospital read “Preoperative Center.”

We are located at Barnes-Jewish Hospital North on the first floor of the Shoenberg Pavilion/Preoperative Center.

What You’ll Want to Know to Ensure a Successful CPAP Visit.
What is the CPAP?
The Center for Preoperative Assessment & Planning at Barnes-Jewish Hospital includes physicians (anesthesiologists), advanced practitioners, nurses, lab technicians and secretaries who want to make sure your surgery and recovery go as smoothly as possible.

How should I prepare for my visit to CPAP?
Your CPAP visit does not require you to be without food, drink, or medications. However, sometimes your surgeon schedules other testing on the same day as your CPAP appointment. Talk with your surgeon about any diet restrictions for those tests. Also, please make sure that you do not schedule other appointments too close to the time of your CPAP visit, in case your visit takes longer than expected.

What will be done during my CPAP appointment?
During your one to two-hour CPAP visit, we will collect registration information, take a medical history, perform a physical examination, run necessary tests (for example blood tests, EKG's), provide you with written instructions for the day of surgery, and try to answer any questions you may have. If additional tests are needed after your CPAP appointment, we will help coordinate your care with your surgeon, primary care physician, and any other specialty physicians such as cardiologists.

What should I bring to my CPAP appointment?
To facilitate your visit, please bring the following:
- A completed CPAP health questionnaire.
- Your medications or a list of your medications including the dose and when you take them. Include all over the counter items—vitamins, herbs, aspirin, inhalers, etc.
- Your primary care physician's office phone and fax numbers.
- The name and phone number of any institution in which you have had any recent blood tests, EKG's, stress tests, echocardiograms, ultrasounds or chest x-rays performed.
- If you have recently seen your cardiologist, a letter regarding your cardiac status and copies of any current test results.
- Implant information cards for such devices as a pacemaker or defibrillator.
- All current insurance cards.
- Your Advanced Directive or Living Will if you want it placed in your hospital record.
- If applicable, the paperwork showing power of attorney, guardianship or adoption for the patient.

When should I schedule my CPAP appointment?
Please call and make your appointment as soon as your surgeon schedules your operation. Your CPAP visit should be within 30 days of your surgery date.

What if I am not seen in CPAP before my surgery?
You will be evaluated by an anesthesiologist immediately prior to your operation. If you are not medically ready for your surgery at that time, your surgery may be delayed or cancelled.

Please Remember:
- To schedule or confirm your appointment, call (314) 454-8134 Opt. 1.
- Bring your medications or a list of your medications and other medical information.
- If you have questions or concerns, call CPAP at (314) 454-8134.
- To expedite your visit, you may preregister with the Admitting Department by calling (314) 362-1173 or toll-free 800-292-3648.